

# **Coaching Agreement**

Client	Coach	Rabiah Muhammad, PhD
Name:	Name	
Email	Email	Rabiahm.innovativeblueprints@gmail.com
Phone	Phone	

This is an agreement between the client and coach and may be amended as required overtime. All amendments to this agreement must be agreed upon by both the client and coach.

Coaching is an ongoing, confidential, partnership between a client and coach to identify, prioritize, and achieve the client's desired goals. The purpose of our coaching engagement is to help you maximize your potential, and to enhance your personal and professional effectiveness.

#### AGREEMENT:

# 1. Coaching Relationship

Our coaching relationship is based on mutual trust and respect. If I say or do anything that is at odds with our agreed-upon way of working, please let me know. If at any time you want to redefine our agreement, please tell me. I am committed to working with you to produce outcomes you seek, in a manner that works best for you.

### 2. Confidentiality

The content of our coaching sessions is entirely confidential. I will not share your information or the content of our meetings with anyone. However, you are free to share whatever you choose from our coaching sessions with anyone.

## 3. Procedure for Coaching Sessions

Coaching sessions will take place (please fill in: i.e. at an offsite location, over the phone, etc.)

SESSIONS:				
Date	Session	Time		
•	e via e-mail if you will be late to our meeting, o	or if you need to reschedule. The end date of		

Please notify me via e-mail if you will be late to our meeting, or if you need to reschedule. The end date of our sessions is based on typical coaching partnerships. However, this may be modified slightly depending on your need. If you would like to extend our relationship (or cut it short for any reason) please let me know. Also, if you would like to share something with me between our scheduled sessions, please feel free to do so by sending an e-mail to make time to discuss.

L	Yes, I agree to the terms listed above.
	Yes, I give my coach written consent to share my name and contact information via their Coaching Log with
th	ne International Coach Federation (ICF) if requested for credentialing purposes.

Client Si	ignature
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Coach Signature